

AFRICAN NEWSLETTER VOL.4



A TALISMAN:

I will give you a talisman. Whenever you are in doubt, or when the self becomes too much with you, apply the following test. Recall the face of the poorest and the weakest man whom you may have seen, and ask yourself, if the step you contemplate is going to be of any use to him? Will he gain anything by it? Will it restore him to a control over his own life and destiny? In other words, will it lead to 'Swaraj' of the hungry and spiritually starving millions? Then you will find your doubts and your self melting away.
M.Gandhi

WORLD PEACE

If the recognized leaders of mankind who have control over the engine of destruction were wholly to renounce their use, with full knowledge of its implications, permanent peace can be obtained. It is my conviction that the root of the evil is want of a living faith in a living God. It is a first class human tragedy that peoples of the earth who claim to believe in the message of Jesus whom they describe as the prince of

peace show little of that belief in actual practice. It is painful to see sincere Christian divines limiting the scope of Jesus' message to select individuals. I have been taught from my childhood and tested the truth by experience that the primary virtues of mankind are possible of cultivation by the meanest of the human species. It is this undoubted universal possibility that distinguishes the humans from the rest of God's creation. If even one nation were unconditionally to perform the supreme act renunciation, many of us would see in our lifetime visible peace established on earth. *Harijan*, 18 – 6 – 38, p 153

I reiterate my conviction that there will be no peace for the Allies or the world unless they shed their belief in the efficacy of war and its accompanying terrible deception and fraud and are determined to hammer out real peace based on freedom and equality of all races and nations.

M. Gandhi

TAXI MIRACLE:

I was traveling with a taxi to work. In that taxi I sat behind the taxi driver, which is the second seat. When I looked at the taxi driver I saw that he was wearing a short-sleeved T-shirt, his two elbows were rotten. When I looked at his face, he was full of pain. I felt really sorry for him. Spontaneously, I ask him to stop the taxi, and without hesitating he stopped it. I asked him to hold his hands out with the palms facing upwards, and then I gave him self-realisation. After a few minutes he told me that he felt something in his hand, then I said to him okay, good bye!

After one month I met him again, now he was wearing a long sleeved shirt. I sat

next to him t in the front seat. I only greeted him.

Close to my stop station he said to me “Can you believe me, I was healed since that day when I met you” and he showed his elbow, which was cured, to prove it. He said thank you, I told to him don’t ever thank me.

Thank God. I have done nothing to you, only God who has helped you.

Jai Shri Mataji

Aria

Alexandra (South Africa)

PETALS OF THE MOOLADHARA

3 RIGHT

When threaded together one feels the all implicit, witnessing experience of awareness.

The knowledge of the inner being and all that is unknown becomes known as if the seeker enters the library of knowledge: whatever he wants to know he has just to turn his attention to that subject.

1. Essence of Security giving Seeker sense of fearlessness.

2. Become aware of collective consciousness.

3. Grants power of Dharma.

4 TOP

All these when threaded together give you a dynamic personality, by which the seeker experiences the nectar of existence (Amrita). To ignorant people it may appear wrong, but his every movement & doing adds to the Universal Music of Love.

1. Humility to God (Shraddha)

2. Development of Wisdom.

3. Become One with knowledge.

1. Mastery over evil enticement

2. Overcoming of temptations. (Seeker can expel the spirits outside his personality or hovering over other fellow beings)

3. Gives power of spontaneous victory overpowering the Spirits arising on other people.

1. Seeker enjoys Harmony.

RIGHT

1

1 BOTTOM

When all three are developed fully by the complete dedication, Innocence and chastity of the seeker to Shri Ganesh, the Seeker becomes so virtuous that he abhors sinful acts and Exhibitions. The seeker becomes one with the **Joy of creation**

2 LEFT

When they are threaded together one feels the complete glory of one's own majesty and divinity and its effects are evident in the humble confident personality of a very powerful identity.

Segi Moodley
South Africa

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W o r l d

Over the years the subject of Africa has come up in many conversations with Shri Mataji. Originally it was mentioned that going to South Africa was not possible because of diplomatic visa restrictions because of apartheid. When the subject of Ghana was mentioned it was said that it was the place of the Ganas.

There was a story told to me that some French Africans got together and talked, then decided to go back to the countries that France colonized and spread SAHAJA YOGA there. Now we see the results.

Every ex-colonial power could do the same thing, for example the U.K has all the 72 commonwealth countries, **GO OUT TO THESE COUNTRIES AND SPREAD SAHAHA YOGA.**

It was said that when some African' Sahaja Yogis greeted her at the airport she said she was very pleased because they danced and sang for her. The Africans have a very strong connection to the Mother Earth so they can feel things much more in a different way than we in the West.

Many Africans (non-yogis) say they want to go back to Africa to find their roots. If they discover that the Africans are taking to Sahaja Yoga on a big scale that will have a big impact on many levels.

Over the years many missionaries have gone there to convert the people and many people have said no. Then S.Yogis turns up, show the people a photo of Mother and the locals say 'this is the ONE!'

My dream is that the Africans will tell the world, She has arrived THE HOLY SPIRIT, the ADI SHAKTI, THE POWER OF GOD IN A HUMAN FORM.
She is on the earth, RIGHT NOW.

Derek Ferguson
United Kingdom.

FROM HER DO THE HEAVENS CALL

Each talk of Mother's is a different tune...
Each word is a different note
Each lilt of Her voice plays a melody of love
on our souls
Listening to Her, we are truly smote.

She radiates such exquisite beauty
Her enchanting face glows with an inner
light...
Creating within us a burning desire
To remain together in Her sight.

Her laugh is a musical triumph...
Sending ripples of pure joy through the air.
It awakens us all to Her compassion and love
And we dance before Her without a care.

Each twinkle in Her wondrous eyes shines
through...
Such love looks upon us all.
One can see pure heaven in Her tender gaze,
From this, do the Heavens call.

One longs to reach out and touch that love...
Looking upon Her smiling face
She lights a flame of love within
And touches the whole human race.

JAI SHRI MATAJI!
Margaret Fry

Faith

DEAR BROTHER RAJEN

JAI SHREE MATAJI!

*Much love to all of you; I received your message and I'm very compassionated with the illness of our sister; and the contribution I can make in my poor level is that : **Nothing is impossible in SY.***

Should the sister put her attention in her subtle system and then she replaces the subtle system by the image of Mataji in her. I mean from the Mooladhara to the SAHASRARA; with the image oh the goddess in her entire subtle system, she takes the mantra of Shri Rajakanka, and she meditates in this state.

Please try to send this message to the sister and I'm sure she will be cured with that.

**Paul
FROM CAMEROON**

Calling from Tanzania

By the grace of Shri Mataji Nirmala Devi , we had a Public Programme at the Hindu Mandal Hall at Moshi , Tanzania on 26th of October ,2002 .at 5-30 P.M .

Since I am alone in Tanzania, I requested Mrs. Mirriam, Ms. Nimishah Shah to join from Nairobi Centre. On the 25th evening, Ms Nimishah came with Mr. Kapil Goyal a very active Sahaja Yogi from Rajasthan who came to Visit Nairobi . I have been told that by the coming of Kapil at Nairobi , already some people got realization. Anyway , we have made some good postering in Kiswahili and English. Since, Miriam did not report on Friday, we were worried not being able to present an African Sahaja Yogi . We were praying to Shri Mataji for her presence. On Friday evening , we went to the place where the Public Programme would be held . We found the names of Mirriam and Nimishah have been already Published on the Notice Board of Hindu Mandal Hall and Hindu Union Temple as the prime speaker . On

Saturday morning , Kapil and Nimishah went for Photo Copying some literatures and found two white women were asking about Meditation.

On Saturday afternoon, we were tensed about Mirriam's coming. She reported at 3 O'clock and we became very happy.

The Program was started at 5 –45 P.M. and more than 50 people, men and women almost in the same ratio attended the programme and got their Realization.

Next morning, we gave the Realization to 50 children and some more senior people and a follow up programme was held again in the afternoon.

After the Programme, we got very big response for establishing a weekly Meditation collectivity center and it was decided that after Diwali – we will have regular session on every Sunday at 11 A.M.

Jai Shri Mataji
Tanzania

Song:

Dear all world sahajis
All virata Sahajis together let us dedicates
this song to our divine mother.
Namaskar

TUJHACH. MATAJI PARE 

TUJHACH. MATAJI PARE PRAKASH.
ANTARI |

LET YOUR LIGHT COME WITHIN

US   | X2 CHORUS

TUJHACH. SAHAJ. YOG. HE PHIRE
JAGAVARI |

LET US THUS SPREAD SAHAJA YOGA IN THE
WHOLE WORLD  

KARLYA KARLY PHULE PHULE TULA
PUKARATI |

BUDS AND FLOWERS, ALL CALL FOR YOU
BEHOLD! | X2

PAHA TUJHICH. CHALALI NABHAT. ARATI
YOUR ARTI IS PERFORMED IN THE SKY
TULA DISHA NA HARTI ATA KHAROKHARI
YOU ARE NOT LIMITED IN ANY DIRECTION
(YOU ARE PRESENT IN ALL DIRECTIONS)
TUJHECH. SAHAJ. YOG. HE PHIRE JAGAVARI
LET US THUS SPREAD SAHAJA YOGA IN THE
WHOLE WORLD

SHRI MATAJI TULACH. DHUKH. AMUCHE
KARLE |
SHRI MATAJI YOU ARE AWRE OF ALL OUR
SORROWS | X2
TUJHICH SANTTWANA AMHA
KSHANOKSHANI MILE
YOUR CONFORT IS UPON US AT EVERY

MOMENT 🌂
NINAD. SAHAJAYOGACHA GHUME
GHAROGHARI
THE VOICE OF SAHAJA YOGA IS NOW ECHOING IS EACH &
EVERY HOUSE 🏠
TUJHECH. SAHAJ. YOG. HE PHIRE JAGAVARI
LET US THUS SPREAD SAHAJA YOGA IN THE
WHOLE WORLD

TUJHYA SAMAN. EK. HI NASE
TUJHYAVINA |
THERE IS NO ONE LIKE YOU BUT ONLY
YOU | X2
SADAIV. YA PURHE KARU TUJHICH.
VANDANA
THEREFORE WE SHALL ALWAYS PERFORM
YOUR PRAISE
SAREL. AMRUTAPARI TUJHICH. VAIKHRI
YOUR SPEECH IS SWEETER THAN

AMRUT 🙏
TUJHECH. SAHAJ. YOG. HE PHIRE JAGAVARI
LET US THUS SPREAD SAHAJA YOGA IN THE
WHOLE WORLD

(MARATHI SONGS8)



Love Africa

**Please submit all
contributions to Rajen (
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